

ONSITE ACTIVITIES

Abseiling	Yr 3 and up
Archery	Yr 4 and up
Archery Tag	Yr 6 and up
Challenge Course	Yr 3 and up
Drop Pole	Yr 7 and up
Dual Flying Fox	Yr 3 - Yr 6
Eco Challenge	Yr 7 and up
Fun in the Sun	Yr 3 and up
Giant Swing	Yr 3 and up
High Ropes	Yr 3 and up
Initiative Course	Yr 3 and up
Leadership Workshop	Yr 5 and up
Orienteering	Kindy and up
Oval Games	Yr 7 and up
Rock Climbing	Yr 3 and up
Slip n' Slide	Kindy and up
Laser Tag	Yr 2 and up
Vertical Challenge	Yr 7 and up

OFFSITE ACTIVITIES

(Additional charges may apply)

Beach Games/Rock Pool	
Raft Building	Kindy and up
Kayaking	Yr 7 and up
Stand Up Paddle Boarding	Kindy and up
Learn to Surf	Yr 7 and up
Beach Tennis	Kindy and up
	Kindy and up

NIGHT ACTIVITIES

Game Show Night	
Movie Night	Yr 5 and up
Night Games	Kindy and up
Night Hike	Kindy and up
Interactive Trivia	Yr 3 and up
Disco	Yr 3 and up
	Kindy and up

Activities can be tailored to suit your group's needs.

ABSEILING

Abseiling is about pushing your limits and overcoming your nerves as you descend from our free standing abseil tower. The tower is a four-sided structure which allows two descent options; a 5 metre, sloped wall for introductory level abseiling, and a 10-metre vertical descent for when you are really ready to push yourself!

ARCHERY

Go back to medieval times and test your skills with the ancient sport of Archery. Using a Genesis compound bow and arrows, take aim at the target 15 metres away and do your best to hit the bullseye! Try increasing your accuracy with this great competitive sport while having fun with your friends to see who takes home the gold!

ARCHERY TAG

Experience the thrill of archery with a twist! Archery Tag combines the excitement of dodgeball with the skill of archery in a safe, action-packed game. Players use foam-tipped arrows and bows to tag opponents, shoot targets, and score points. It's a fun and dynamic way to develop teamwork, strategy, and agility while having a blast. Ready, aim, tag!

CHALLENGE COURSE

This is a five part team building activity including challenges such as the TT Log, The Wall, Nitro Crossing, TP Shuffle and the Maze. The objectives of our five part Challenge Course are to build co-operation, teamwork and communication skills.

1. TT Log - The TT Log is similar in design to a see saw, with one end longer than the other. The aim is to balance the group on top of the log for at least 30 seconds. If the log touches the ground at either end, at any time, the timer starts over.
2. The Wall - To get all team members over either a 2.5m wall or a 3m wall, without any initial assistance from the top of the wall and without using any external resources. NOTE: This is a relatively physical activity and involves lifting. Not recommended for anybody with on-going Muscular issues.
3. Nitro Crossing – To get all team members from one side of an “island”, across a “river” and onto a small “raft” on the other side, without spilling a bucket of “drinking water”. If a team member falls in the “river” or spills the “drinking water” then the whole team must start again.
4. TP Shuffle – The whole group starts by standing on a wooden beam, then they will be given a category (e.g. oldest to youngest, tallest to shortest, alphabetical order of middle name, etc.). They must reorganise themselves to meet the category criteria without talking or stepping off the beam. Doing either means the team will have to shuffle and try all over again.
5. The Maze - Split into groups of two or three, one team mate is blindfolded and the others become the leaders. Using their own language to communicate directions, the leader stands on the outside of the maze and directs their team mate through from beginning to end. Once through they rotate so that everyone has a turn at being the leader.

DROP POLE

Step off the Drop Pole into the open air and feel the rush as you descend 13 metres to the ground in under 3 seconds. Drop can be made from any height so those with fears can start low and work their way up.

DUAL FLYING FOX

Our newly refurbished flying fox is a high-speed thrill ride along a state of the art 70-meter zipline. Perfect for younger participants who might be new to heights, harness up and get ready to race a partner to see who can make it to the bottom first!

ECO CHALLENGE

This “adventure race” inspired activity is a great way to challenge even the hardest of groups. Incorporating different onsite activities, groups navigate around our property completing several challenging tasks along the way. No one man band allowed here. Each participant must complete at least one task each.

Note: This activity involves several onsite activities that can vary for different groups.

FUN IN THE SUN

As the title suggests this session is all about fun. As a group you will complete a series of team challenges; Slip n’ Slide, Gauntlet, Dodge Sponge, and Basketball Showdown. The added bonus is that you will get drenched! This session is wet fun, full of thrills and spills. Note: Students are required to wear shoes at all times during Fun in the Sun.

GIANT SWING

The Giant Swing challenges you to go beyond your normal comfort zone and be hauled to the highest point you can handle. Once this point is reached the participant can pull the rip cord and enjoy the giant swing experience. You will reach a maximum height of 20m! The group is responsible for hauling each participant up to the height of their choice.

HIGH ROPES

16 Element Course - This multi-level course consists of 8 elements on each level and reaches up to 10m off the ground at its highest point. Harnessed and using continuous belay, participants climb a net bridge to the top level, a log to the lower level and use a flying fox to descend each level. Participants are supervised at all times.

INITIATIVE COURSE

This is another five part team building activity including a Spiders Web, Hoop Loop, the Meuse, Trolleys and the Matrix.

1. Spider’s Web - To pass each member of the group through a separate web opening, without letting any part of the body touch any part of the web. Once a member uses an opening, that section is closed to further passage.
2. Magic Carpet – Use teamwork and communication skills to solve a puzzle, but not so fast, you will need to pass the puzzle pieces between teammates using the “Magic Carpet” a suspended platform controlled with ropes and pulleys!

3. The Meuse - To cross the “raging crocodile infested swamp” using only 3 metal planks and one length of rope. The whole group and all equipment must make it without dropping anything or anyone into the ‘crocodile’s territory’.
4. Trolleys - The group must move from one designated point to another, using only the trolleys as a vehicle to get there. The group can choose to either line up on the two planks (one for each foot) and walk in time to the end point or they can choose to caterpillar their way to the end by all standing on one plank and dragging the second through to the front. Then swapping planks and repeating the process.
5. Matrix - The object of this activity is to move the group through the matrix, a horizontal cargo net. The activity can be run simply by stepping through a certain pattern, with the whole group carefully following along. Or it can be run more like a horizontal spider’s web, in which the group must traverse the matrix without touching any of the sides of each space.

LASER TAG

Our Laser Tag field is a wide open playing area complete with plenty of cover including 2 huge shipping containers for maximising each game. It is a great team building experience while also challenging individual’s tactical and strategic skills. Our dedicated Laser Tag area can provide a combination of games including Team Tag, Protect the Leader, Team Medics, Capture the Flag, and Terminator.

LEADERSHIP WORKSHOP

Students learn various leadership techniques and how to apply them to their daily lives through interactive activities and group discussions. They share personal experiences and help each other grow towards becoming positive leaders of their time.

ORIENTEERING

Split into teams of three to five, each group is given a map of the centre, a compass and an answer sheet. They are then sent on a ‘scavenger hunt’ to find markers around the site and stamp their answer sheet. There are different courses for Lower Primary, Primary and Secondary Students and each course is made up of 20 markers.

OVAL GAMES

A great way to start or wrap up your camp experience. Our staff will facilitate a range of activities from, basketball, soccer, touch football to wide game style exercises that will introduce or sum up team work experiences.

ROCK CLIMBING

Challenge yourself and build team work skills while learning how to trust the rest of your group at Rock Climbing. Teams of at least 4 rotate through having a go at climbing and belaying their team mates up the 10m wall. The wall is suitable for 3 climbers at once and includes 6 set climbs, or a free-for-all option for beginners which suit all ages and skill levels. A recent refurbishment of this activity saw the existing plywood and netting replaced with moulded fibreglass panels designed to more accurately simulate a natural rock surface.

SLIP N' SLIDE

Get ready for some extreme water fun! Featuring an absolutely enormous 30 metre slide surface, get ready to pick up some serious speed down the slope of our oval. It includes inflatable barriers to stop participants sliding off the edges and makes for a lot of fun, especially on a hot summer's day.

VERTICAL CHALLENGE

Designed for a team of three to climb, Vertical Challenge includes 10m of suspended elements including a cargo net, horizontal logs, buoys & suspended climbing holds. This presents a unique challenge to the participants, as it feels like solving a puzzle while you're climbing! Get your whole team to the top and record your time to see how you stack up against others!

OFFSITE ACTIVITIES

BEACH GAMES/ROCK POOL

Collaroy Beach is a patrolled beach a short 5 minute stroll from The Collaroy Centre. It offers a wide expanse of sand area and a well-kept 50m rock pool. Collaroy Centre staff run a variety of beach games including but not exclusive to the following; Flags, Frisbee, Soccer, Touch Football, Volleyball and Sand Castle Challenges.

If the group would like to include swimming, we are happy to book a lifeguard through Warringah Council for the session.

Note: Students are required to wear shoes at all times during Beach Games.

RAFT BUILDING

This team building activity takes place at the Collaroy Rock Pool. Teams are each given the challenge of building a raft using provided equipment. Once the rafts are constructed, each team nominates a Captain who will paddle their teams raft as far as they can across Collaroy rock pool. The entire group is involved in the activity whether they are designing, building or paddling the raft.

KAYAKING

Kayak leisurely around nearby Narrabeen Lake. Arranged through Prokayaks, single and double kayaks are available and their qualified and friendly staff can cater for groups of many sizes and abilities. Narrabeen Lakes is a safe and protected environment where students can participate without being exposed to boat traffic, adverse conditions or dangerous marine life.

Note: Students are required to wear shoes at all times during Kayaking.

STAND UP PADDLE BOARDING

Arranged through Prokayaks Narrabeen, stand up on a board and paddle around Narrabeen lakes. Do you have the balance, fitness and agility to stay on?

Note: Students are required to wear shoes at all times during Stand Up Paddle Boarding.

LEARN TO SURF

Learn to Surf is arranged through Manly Surf School and is run by professional surfers. Depending on the conditions of the day surfing is conducted at either Collaroy or Long Reef Beach.

BEACH TENNIS

What do you get when you combine the social and relaxed nature of beach volleyball with the competitiveness and energy of tennis? Beach Tennis! Learn and test your skills down in the sun at Collaroy Beach with Sydney Beach Tennis School. Sessions include all required gear, coaching, training drills and of course some fierce competition. Make your way to the beach supervised by Collaroy Centre staff and enjoy a session with professional and qualified coaches on the sand. Great for all ages, all you need is some sun protection and some water.

NIGHT ACTIVITIES

GAME SHOW NIGHT

Be ready to test your wit in a fast-paced environment with our Game Show Night! This session promises teamwork, collaboration and a bit of friendly competition. Games such as Heads or Tails, Bingo, and Family Feud keep your group thinking and challenging each other for the whole session. The winning team may also come away with a prize that rewards them in other areas around The Collaroy Centre.

MOVIE NIGHT

Ever wanted to rent out the cinema for you and all of your peers? Make that a reality with our Cinema

Package at The Collaroy Centre! After a long day of activities/sessions, how does sitting in our 130-seat Lecture Theatre, eating popcorn and drinking a beverage of your choice (soft drink or water) with all your friends sound? Select from a wide range of movies, sit back and enjoy!

NIGHT GAMES

With dozens of games to choose from, and catering for groups of all sizes and ages, get ready to have some fun and burn off those last bits of energy after a big day. Ranging from group-wide to smaller team games, it's a great way to solidify the days previous experiences before resting up so you're ready to do it all again tomorrow!

NIGHT HIKE

Long Reef headland is about a 40 minute walk away from the Centre. From the top of the Headland you can look back and see The Collaroy Centre lit up at night and enjoy the beautiful sea breeze.

INTERACTIVE TRIVIA

Got a competitive streak? Want a bit of a challenge? Interactive and fun trivia/challenge nights for groups of all sizes and ages can be run by Collaroy Centre staff. If you want to mix it up with some games we can do that too!

DISCO

Whether you're looking for an end of day celebration, a relaxing atmosphere with friends or just an excuse for a dance party! Our staff will cater for all of your Disco needs and can supply lighting, music and some games upon request, you just need to come and have some fun!